

# Allergen Chart

Condiments									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Asian Sesame Dressing - LR-1855				C			C		C
Cheese, Parmesan, Shredded (Driftwood) - LR100300					C				
Cilantro Lime Dressing, 2016 - LR100114		C					C		
Dressing, Caesar Creamy, Ken's 2014 - LR-2021			C		C		C		
Dressing, Jalapeno Ranch (Ken's) 2013 - LR100192					C		C		
Light Ranch Dressing - LR-2046		C			C		C		
Italian Dressing - LR-1854									
Ketchup - LR-1889									
Ketchup, Heinz, Individual packets (7 g) - LR100414									
Lite Mayonnaise - LR-1853		C					C		
Mustard - LR-1908									
Produce Bar Condiments - LR100113		C	C	C	C		C		C
Ranch Dressing - LR-1533		C					C		
Spicy Mayo - LR-1547		C					C		
Tapatio, Gallon - LR100156									

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Deli Bread									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Deli, Hoagie - White Wheat - LR100010				C					C

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Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
1/2 Garlic Cheese Bread & Meatballs, Elementary, 2016 - LR-1630				C	C		C		C
1/2 Garlic Cheese Bread & Meatballs, Preschool, 2016 - LR100198				C	C		C		C
1/2 Tuna Sandwich, LAUP Snack, 2016 - LR100654		C		C			C		C
1/2 Turkey & Cheese Wrap (LAUP Snack), 2016 - LR100653				C	C		MC		C
2 Beef Tacos & Spanish Rice (Elementary) 2014 - LR100284							C		
2 Cheese Stuffed Breadsticks & Marinara Sauce, 2016 - LR100320				C	C				C
6" Cheese Stuffed Breadsticks & Marinara Sauce 2013 - LR-1525				C	C				C
Asian Chicken Salad, Crispy Noodles & Chips, 2016 - LR100069				C	C		C		C
Asian Chicken Wrap & Sun Chips 2013 - LR100017				C	C		C		C
Assorted Bagelers, 2016 - LR-1707				C	C		C		C
Assorted Cereal Bowls, 2016 - LR-1563				C			C	C	C
Assorted Mexican Bowls & Tostitos, 2016 (5th graders) - LR100626							C		
Bagel, Strawberry & CC Stuffed (Super Bakery) - LR100430		C		C	C		C		C
Baked "Fried" Chicken & Mashed Potatoes & Whole Grain Biscuit (PV South) - LR100028		C		C	C		C		C
Baked Bone-In Chicken & Baked Fries, 2016 - LR100590		C		C					C
Baked Bone-In Chicken & Mashed Potatoes (Preschool) 2015 - LR100472		C		C	C		C		C
Baked Bone-In Chicken & Mashed Potatoes, 2015 - LR100448		C		C	C		C		C
Baked Bone-In Chicken, Mashed Potatoes & Brownie, 2015 - LR100455		C		C	C		C		C
Baked Bone-In Chicken, Mashed Potatoes & WG Brownie, 2016 - LR100464		C		C	C		C		C
Baked WG "Fried" Chicken w/Mashed Potato & Cookie (Elem) 2013 - LR-1586		C		C	C				C
Baked WG "Fried" Chicken w/Mashed Potato (Preschool) 2014 - LR-1631		C		C	C		C		C
BBQ Chicken Salad and Tortilla Chips, 2015 - LR100294		C		C	C		C		C
BBQ turkey hot dog - LR100216									C
Beef & Cheese Nachos (Middle), 2016 - LR100383					C		C		

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Beef & Cheese Nachos w/WG Brownie, 2016 (HMSA ONLY) - LR100652		C		C	C		C		C
Beef BBQ Riblet on a Wheat Hoagie Roll (BC grill) - LR100214				C	C		C		C
Beef BBQ Riblet on a Wheat Hoagie Roll (ELEM) 2013 - LR-1565				C	C		C		C
Beef Chalupa & Corn Avocado Salsa 2014 - LR100173					C		C		C
Beef Enchilada in red sauce & beans 2014 - LR100256					C		C		
Beef Enchilada in red sauce 2014 - LR100240					C		C		
Beef Fajita Tacos, 2016 (Secondary) - LR100597				C			C		C
Beef Mexican Bowl 2013 - LR100019					C		C		
Beef Soft Taco (Preschool), 2016 - LR100353				C			C		C
Beef Sopes & Cabbage Salad, 2016 - LR100457									
Beef Steak Burrito - make your own, 2017 - LR100571				C			C		C
Beef Steak Taco & Spanish Rice, 2016 (Elementary) - LR100609				C					C
Beef Taco & Spanish Rice & Churros (Elem) - LR-1553							C		
Beef Taco & Spanish Rice (Elementary) 2013 - LR-1526							C		
Beef Taco & Spanish Rice, 2016 (Elementary) - LR100610							C		
Beef Taco Salad & Tostitos, 2017 - LR100297					C		C		
Beef Tacos - LR-1615							C		
Beef Tacos & Beans & Spanish Rice (HMSA) 2013 - LR-1632							C		
Beef Tacos, Secondary, 2016 - LR100055							C		
Beef, BBQ Rib Patty (Don Lee) - LR-1744				C	C		C		C
Beef, Chalupa, (Integrated) - LR100142					C		C		C
Beef, Cheeseburger Twins (Advanced Pierre), 2015 - LR-1729				C	C		C		C
Beef, Cheeseburger Twins (Don Lee) - LR-2042					C		C		C
Beef, Cheeseburger Twins (Preschool) - LR100075				C	C		C		C
Cheeseburger Sliders - LR-2058				C	C		C		C

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Beef, Meatloaf (Advanced Pierre), 2015 - LR-1733				C			C		C
Beef, Taco Meat, JTM - LR-1747							C		
Berry Feta Salad, Croutons & Pretzels, 2016 - LR100555				C	C		C	C	C
Berry Yogurt Parfait & Granola Bar 2013 (HMSA) Assorted - LR-1540				C	C		C	MC	C
Berry Yogurt Parfait & Granola Bar 2013 Assorted - LR-1555				C	C		C	MC	C
Berry Yogurt Parfait & Granola, Assorted (Elementary) 2014 - LR100222				C	C		C	C	C
Berry Yogurt Parfait, Granola, String Cheese & Crackers - Elementary, 2016 - LR100443				C	C		C	C	C
Whole Wheat Banana Bread - LR100000		C		C			C		C
Bread, Garlic Cheese, WG - LR-1799				C	C		C		C
Breaded Chicken Drumstick, Mashed Potatoes & Red Velvet Cookie - LR100682		C		C	C		C		C
Breaded Chicken Sandwich, 2016 - LR100625				C			C		C
Breadstick, Cheese, 6", Bosco (72 Servings) - LR-1803				C	C				C
Breakfast Cereal Bars & Yogurt 2013 - LR100123				C	C		C		C
Breakfast, Apple Breadstick (Bosco) - LR-1787				C					C
Breakfast, Bagel, White Whole Wheat, IW - LR-1728				C					C
Breakfast, Bagelers, Plain - LR-1731					C				C
Breakfast, Bagelfuls, Cinnamon - LR-1730					C				C
Breakfast, Bagelfuls, Strawberry - LR-2029				C	C		C		C
Breakfast, Banana Bread, Sliced (Super Bakery) - LR100250		C		C			C		C
Breakfast, Banana Bread, Sliced (Super Bakery) 2014 - LR100302		C		C			C		C
Breakfast, Banana Chocolate Chunk Bar (BenefIT), 2016 - LR-1999		C		C	C		C		C
Breakfast, Beef Sausage Sandwich (Advanced Pierre) - LR-1781				C			C		C
Breakfast, Burrito, Bean & Cheese (Ardella's) - LR-1739				C	C		C		C
Breakfast, Burrito, Cheese, Egg & Bacon (Los Cabos) - LR100463		C		C	C		C		C

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Breakfast, Burrito, Cheese, Egg & Salsa (Los Cabos) - LR100462		C		C	C				C
Breakfast, Burrito, Egg & Cheese, WG, IW, (Los Cabos) - LR-1796		C			C		C		C
Breakfast, Chocolate Chip Baked Bar (B2B) - LR100550		C			C		C		C
Breakfast, Chocolate Chip Crumble (BV) - LR100658		C		C	C		C		C
Breakfast, Chorizo Frittata, Cargill - LR100558		C		C	C		C		C
Breakfast, Cinnamon Crumb Cake, Sky Blue, 2015 - LR100546		C		C	C		C		C
Mini Cinnis - LR-2022					C				C
Breakfast, Coffee Cake, Buena Vista, 2016 - LR100559		C		C	C				C
Whole Wheat Dreamy Orange Mini Loaf - LR-1788		C		C	C				C
Cinnamon Glazed French Toast - LR-1750		C		C			C		C
Cinnamon Rush French Toast Mini - LR-2035		C			C		C		C
Breakfast, French Toast, Mini, Triple Berry Blast (Pillsbury) - LR-2036		C			C		C		C
Breakfast, Frudel, Apple, Pillsbury - LR-1758					C				C
Breakfast, Frudel, Cherry, Pillsbury - LR-1761				C	C				C
Breakfast, Frudel, Cherry, Pillsbury, 2016 - LR100547				C	C				C
Breakfast, Frudel, Pillsbury (Apple or Cherry), 2016 - LR100607				C	C				C
Garlic Cheese Toast - LR100119				C	C				C
Breakfast, Honey Lemon Loaf - LR-1989		C			C		C		C
Whole Wheat Honey Bar - LR-1786		C		C	C		C		C
Honey Wheat Breakfast Bar (1/2 Each) - LR100057		C		C	C		C		C
Breakfast, Lemon Bread - LR-1950		C					C		C
Breakfast, Mini Bagels, Cinnamon (Pillsbury) - LR100399				C	C				C
Breakfast, Mini Bagels, Strawberry (Pillsbury) - LR100436				C	C				C
Blueberry Mini Loaf - LR-2053		C		C	C				C
Breakfast, Mini Pancakes, Pillsbury - LR100058									

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Breakfast, Muffin Top, Blueberry - LR-2014		C		C	C				C
Breakfast, Muffin, Blueberry, 2016 (Preschool) - LR100628		C		C			C		C
Chocolate Chip Muffin - LR-1784									
Breakfast, Muffin, Chocolate Chip, Gourmet Treats, 2015 (MS/HS) - LR100543		C		C			C		C
Breakfast, Muffin, Chocolate Fudge (Gourmet Treats) - LR100454		C		C	C		C		C
Breakfast, Muffin, Chocolate, WG (Otis Spunkmeyer) 2014 - LR-1785		C		C			C		C
Whole Grain Chocolate Muffin - LR-1777									
Double Chocolate Muffin - LR-1997		C		C	C				C
Breakfast, Muffin, Tutti Frutti Strawberry Banana - LR100224		C		C	C		C		C
Breakfast, Muffin, WG Chocolate, (Preschool), 2016 - LR100627		C		C			C		C
Pancake & Sausage on Stick - LR-1952		C		C	C		C		C
Maple Burst Mini Pancakes - LR100509		C			C				C
Strawberry Splash Mini Pancakes - LR-1766		C			C				C
Breakfast, PB & J graham wafer - LR100246				C		C	C		C
Breakfast, Potato & Bacon Burrito (Foster Farm) - LR-1793				C	C		C		C
Breakfast, Power Upz, Chicken Sausage, Egg & Cheese Sandwich (Tyson) - LR-1792		C		C	C		C		C
Breakfast, Pumpkin Bread, WW, Sliced, IW - LR100396		C		C			C		C
Breakfast, Sandwich, Egg and Cheese (Adv Pierre) - LR100225		C		C	C		C		C
Breakfast, Sandwich, Fiesta Egg & Cheese (Adv Pierre) - LR100327		C		C	C		C		C
Breakfast, Slider, Sausage & Egg (Beacon Street) 2013 - LR-2018		C			C		C		C
Breakfast, Sunrise Bites - LR-1795				C			C		C
Breakfast, Sunrise Sausage & Cheese Sandwich (Don Lee) - LR-2047					C		C		C
Breakfast, Sunrise Stick, Turkey Ham, Egg & Cheese, wrapped, Integrated - LR100401		C		C	C				C
Breakfast, Tac-Go Whole Grain - LR-1736		C		C	C		C		C

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Breakfast, Turkey Sausage Pizza, Tony Roberts, 2016 - LR100670				C	C		C		C
Breakfast, Waffle, Apple Cinnamon (Smucker's) - LR100439		C		C	C		C		C
Breakfast, Waffle, Chocolate Chip - LR100226		C		C	C				C
Breakfast, WG Blueberry Pancake & Turkey Sausage on a Stick - LR100435		C		C	C		C		C
Breakfast, WG Sweet Potato Oatmeal Muffin (Buena Vista) - LR100278		C		C	C				C
Breakfast, Wrap Whole Grain - LR-1737		C			C		C		C
Breakfast, Wrap, Egg, Cheese & Turkey Sausage ( Los Cabos) - LR100185		C			C		C		C
Breakfast, Zac Attack Bar, Apple - LR-2055		C		C					C
Strawberry Zac Attack Power Bar - LR100001		C		C					C
Buffalo Chicken Drumstick & Fritos, MS, 2016 - LR100636									
Buffalo Chicken Drumstick, Baked Fries & Chocolate Chip Cookie - LR100681		C		C	C				C
Buffalo Chicken Drumstick, Fritos & WG Brownie, 2016 (HMSA ONLY) - LR100649		C		C	C		C		C
Buffalo Chicken Tenders & Cross Trax Fries (2014) - LR100235		C		C	C		C	C	C
Buffalo Chicken Tenders, Mashed Potatoes & CC Cookie (Secondary), 2016 - LR100108		C		C	C		C		C
Burrito, Bean & Cheese & Green Chili Burrito, WG, IW ( Los Cabos) - LR-2049					C		C		C
Burrito, Bean & Cheese (True) 2015 - LR100440				C	C				C
Bean & Cheese Burrito - LR-1996				C	C		C		C
Burrito, Beef & Cheese, WG, IW (Fernando) (middle - LR-2054				C	C		C		C
Beef Bean & Red Chili Burrito - LR-2048									
Super Bean Burrito - LR100003					C		C		C
Burrito, Ultra Spicy Bean & Cheese Burrito, WG (Middle) ( Cabo Primo) - LR-2050					C		C		C
Caesar Chicken Salad, Croutons & 1/2 Garlic Bread, 2016 - LR100290			C	C	C		C		C
Carnitas Burrito-Make Your Own (Middle) 2014 - LR-1668				C			C		C
Carnitas Soft Taco & Spanish Rice, 2016 (Elementary) - LR100618				C					C

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Carnitas Soft Taco (Preschool), 2016 - LR100633				C					C
Cereal Bars, Assorted 2013 - LR-1579				C			C		C
Cereal Bowl, Cinnamon Toast Crunch, 2016 - LR100674				C			C		C
Cereal Bowl, Frosted Flakes, Multigrain Reduced Sugar 2013 - LR100188							C		C
Cereal Bowl, Fruity Cheerios (Gluten Free), 2016 - LR100677									
Cereal Bowl, Honey Nut Cheerios (Gluten Free), 2016 - LR-1863								C	C
Cereal Bowl, Lucky Charms (Gluten Free), 2016 - LR100676									
Cereal Bowl, Rice Chex (Gluten Free), 2016 - LR-1742									C
Kix Bowl Cereal - LR-1745									
Cheese & Pepperoni Pizza - LR-1653							C		C
Cheese Breadstick, String Cheese & Marinara Sauce, Preschool, 2016 - LR-1524				C	C				C
Cheese Enchilada in Red Sauce & Pinto Beans (2014) - LR100243					C				
Cheese Pizza Slider & Sunflower Seeds, 2016 - LR100630				C	C		C		C
Cheese, Grilled w/ Turkey Bacon, WG ( Integrated) - LR-1797				C	C		C		C
Cheddar Cheese Stick - LR-2008					C				
Cheeseburger on a Wheat Bun (HMSA) 2014 - LR100305				C	C		C		C
Cheesy Meatloaf Burger & Fries, 2017 - LR100688				C					C
Chef Salad w/Croutons & Chips, 2017 - LR100687		C		C	C		C		C
Chicken Caesar Wrap & Sun Chips 2013 - LR100015			C	C	C		C		C
Chicken Drumstick & Mashed Potatoes - LR100665					C		C		
Chicken Mexican Bowl & Tortilla Chips, 2016 - LR-1573							C		
Chicken Nuggets & a Whole Wheat Roll - LR-1691				C			C		C
Chicken Nuggets & Cross Trax Fries 2014 (PreK) - LR100422				C					C
Chicken Nuggets & Ketchup (Preschool) 2013 - LR100074				C			C		C
Chicken Nuggets & Mashed Potato & Biscuit (Secondary) - LR100169				C	C		C		C

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Chicken Nuggets & Mashed Potatoes (Jan 2015 - County) - LR100548				C	C		C		C
Chicken Nuggets & Mashed Potatoes, Preschool (2015) - LR100354				C	C		C		C
Chicken Nuggets w/Mashed Potato (PV South) 2013 - LR-1639				C			C		C
Chicken Patty Sandwich On a Wheat Bun 2015 (PV South) - LR-1692				C			C		C
Chicken Salad Whole Wheat Sandwich & Baked Chips - LR-1657		C		C	C		C		C
Chicken Sandwich & Bag of Chips - LR-1641				C	C		C		C
Chicken Tamale in Red Sauce, 2017 - LR100330									
Chicken Tamale, Rice & Beans (2014) - LR100255							C		
Chicken Taquitos & Mango Peach Salsa - LR100025									
Chicken Taquitos & Refried Beans (PV South) - LR100024							C		
Chicken Tenders & Ketchup (Preschool) 2013 - LR100289				C			C		C
Chicken Tenders & Mashed Potatoes, 2016 - LR100666				C	C		C		C
Chicken Tenders (Goldkist) & Cross Trax Fries, 2016 - LR100616				C			C		C
Chicken Tenders w/French Fries - LR-1519				C			C		C
Chicken Tenders w/Mashed Potato & cookie (PV South) 2013 - LR-1651		C		C	C		C		C
Chicken Tenders, Mashed Potatoes & CC Cookie, 2016 (PV South) - LR100413		C		C	C		C		C
Chicken Verde Enchilada & Cilantro Lime Rice(Elem) 2013 - LR100032							C		
Chicken Verde Enchilada (Secondary) 2013 - LR100196									
Chicken, Breaded, Bone-In (8 piece) - Gold Kist - LR-1752		C		C					C
Chicken, Drumstick, Buffalo, 2016 - LR100635									
Chicken, Drumstick, Mesquite, 2016 - LR100684					C				
Chicken, Grilled, Whole Muscle Filet (2014-Salads) - LR100340							C		
Chicken, Nuggets, WG (5 Each- 150 servings) - LR-1753				C			C		C
Chicken, Oven Roasted, 10 Cut - LR-1759									

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Chicken, Patty, Crispy, WG (Elem- 2014) - LR-1754				C			C		C
Chicken, Patty, Hot & Spicy, WG - LR-1756				C			C		C
Grilled Chicken - LR-1767									
Chicken, Popcorn Smackers Goldkist/Pilgrim Pride - LR100660									
Chicken, Popcorn Smackers, Goldkist - LR100661				C	C		C		C
Chicken, Popcorn, WG (159 servings) - LR-1757				C			C		C
Chicken, Tender, Buffalo, WG - LR-1763							C		C
Chicken Tenders - LR-1991									
Chicken, Tenders (Gold Kist), 2016 - 120 servings/case - LR100591				C					C
Chicken, Tenders, WG, Tyson - LR-1755				C			C		C
Chicken, WG Breaded Drumstick, Tyson, 2016 - LR100680				C					C
Chili Hot Dog (BC Grill) - LR100372									C
Chinese Chicken Salad & Sun Chips HMSA 2013 - LR-1537				C	C		C		C
Chinese Chicken Salad with SunChips - LR100070				C	C		C		C
Cobb Salad, Croutons & Chips, 2017 - LR-1620		C		C	C		C		C
Corn Dog, Chicken (Foster Farms) - LR100451		C		C			C		C
Deli Bar - LR-1606		C		C	C		C		C
Deli, Spicy Chicken Sandwich (2014) - LR100345				C			C		C
Deli, Tuna Sandwich (2014) - LR100346		C		C			C		C
Deli, Turkey Ham Sandwich (2014) - LR100344				C					C
Deli, Turkey Sandwich (2014) - LR100343				C					C
Dodger Dogs & Chips - LR-1649				C	C		C		C
Dora's Tuna Salad - LR-1584		C					C		
Double Dogs & Grapes (Elem) 2013 - LR100208				C					C
Dreamy Orange Whole Wheat Loaf & Greek Yogurt 2013 - LR-1659		C		C	C				C

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Drumstick & Warmed Tortilla, 2016 - LR100540				C	C				C
Drumstick, Mashed Potatoes & WG Brownie, 2016 - LR100611		C		C	C		C		C
Drumstick, Tortilla & Refried Beans, 2016 (MS/HS) - LR100640				C	C		C		C
Drumstick, Warmed Tortilla & Refried Beans, 2016 - LR100683				C	C		C		C
Fish, Pollock Breaded (Spirited Foods) - LR-1839			C	C	C		C		C
Rainbow Trout Treasures - LR-2007			C	C					C
Southwest Chili Bean & Cheese Whole Grain Flauta - LR-1806				C	C		C		C
Fresh Made Grilled Cheese Sandwich 2013 - LR-1665				C	C		C		C
Frudel, Assorted 2014 - LR-1538				C	C				C
Fruit & Power Mix Plate, 2016 - LR100605					C	MC	C	MC	C
Fruit Salad (Winter Version) - LR-1559									
Garden Veggie Burger on Whole Wheat Bun & Chips - LR-1623				C	C		C		C
Garlic Cheese Bread & Meatballs, (Secondary), 2016 - LR100639				C	C		C		C
Ginger Chicken Salad & Sun Morning Mix Up - LR100152				C	C		C		C
Glazed Wings of Fire & Mashed Potatoes & Cookie 2014 - LR100168		C		C	C		C		C
Glazed Wings of Fire & Mashed Potatoes & Fries - LR-1713				C					C
Granola & Yogurt, 2016 (K-2) - LR100620				C	C		C	C	C
Quaker Chewy Granola Bar - LR-1870					C	MC	C	MC	C
Greek Salad with Pretzels, Croutons & Hummus, 2017 - LR-1712				C	C		C		C
Greek Yogurt Assorted - LR-1621					C				
Green Machine Smoothie w/Assorted Grains & Protein, Secondary, 2017 - LR100692				C	C	MC	C	C	C
Grilled BBQ Chicken on Whole Wheat Bun & Fries 2013 - LR100021				C					C
Grilled BBQ Chicken on Whole Wheat Bun 2013 - LR100199				C					C
Grilled Cheese, American & Mozzarella, Bulk, Integrated, 2016 - LR100217				C	C		C		C
Grilled Cheese, WG Sourdough (Integrated) - LR100210				C	C		C		C

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# Allergen Chart

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Entree									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Grilled Chicken Sandwich - LR100201				C	C		C		C
Grilled Teriyaki Chicken Sandwich - LR100206				C			C		C
Ground Beef Taco (Elem) - LR-1700					C		C		
Ground Beef Taco (Elem) & Rice - LR100267					C		C		
Ground Beef Taco, Rice & Beans (2014) - LR100266					C		C		
Ground Beef Tacos & Spanish Rice (2014) - LR100257					C		C		
Ground Beef Tostada Bowl & Refried Beans (Academy) - LR100139							C		C
1/2 Turkey & Cheese Sandwich on Whole Wheat Bread - LR100120				C	C		C		C
Ham & Cheese Panini, 2016 - LR-1725				C	C				C
Hamburger on a Wheat Bun, Elementary, 2016 - LR-1660				C					C
Hamburger on Wheat Bun & Sun Chips (PV South) 2013 - LR-1509				C	C				C
Hamburger with Baked Fries, 2016 - LR-1539				C					C
Hamburger, Turkey Bacon, Jalapeno & Onion Ring 2016 - LR100200				C	C		C		C
Honey Sunflower Seeds & WG Cereal Bar, 2016 (K-2) - LR100622				C			C		C
Hot Dog, 2016 - LR-1543									C
Hot Dog, Beef 2013 - LR-1798									
Hot Dogs, Mini Chicken, Double Dog Michael B's - LR100219				C					C
Korean BBQ Beef & Brown Fried Rice (Middle) - LR100102				C			C		C
Korean BBQ Beef & Cilantro Lime Rice 2013 (Secondary) - LR-1716				C			C		C
Kung Pao Chicken & Cilantro Lime Rice (Secondary) - LR100140		C		C			C		C
Mac n' Cheese & Chocolate Grahams, 2016 - LR100447		C		C	C				C
Mac n' Cheese, 2016 - LR100569		C		C	C				C
Macaroni & Cheese & Brownie (Elem) 2013 - LR-1696		C		C	C		C		C
Macaroni & Cheese - LR100121		C		C	C				C

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Entree									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Macaroni & Cheese (Pre-school) - LR-1534		C		C	C				C
Manager's Special Meal (Teachers) - LR100480									
Meatball & Cheese 2014 - LR-1714				C	C		C		C
Meatloaf & Mashed Potatoes & Cookie (Elem) 2013 - LR-1710		C		C	C		C		C
Meatloaf & T-Biscuit (Preschool) 2013 - LR-1629				C			C		C
Mini Cheeseburger Twins & Crispy Potato Wedges (Elem) 2013 - LR100036				C	C		C		C
Mixed Berry Smoothie w/Assorted Grains & Protein, 2016 - LR100602				C	C	MC	C	C	C
Mixed Berry Yogurt Parfait & Granola (1 oz)-Elementary, 2016 - LR100376				C	C		C	C	C
Mixed Berry Yogurt Parfait & Granola, 2016 (HMSA ONLY) - LR100647				C	C		C	MC	C
Mixed Berry Yogurt Parfait, Granola & String Cheese, 2016 (MS) - LR100303				C	C		C	MC	C
Mole Chicken & Cilantro Lime Rice 2013 (Elem) - LR100072							C		
Mole Chicken & Cilantro Lime Rice 2013 (Secondary) - LR100031							C		
Muffin Top, Assorted 2013 - LR-1591		C		C	C		C		C
Muffin Top, Chocolate (Shannon's) - LR100425		C		C	C		C		C
Onion Ring Cheeseburger (HMS Outside), 2016 - LR100554				C	C		C		C
Orange Chicken & Annie's Bunny Grahams, 2015 - LR100608		C		C			C		C
Orange Chicken & Brown Fried Rice - LR-1515				C			C		C
Orange Chicken & Brown Rice, Elementary (2015) - LR100367		C		C			C		C
Orange Chicken & Cilantro Lime Rice 2013 - LR100117		C		C			C		C
Orange Chicken & Cilantro Lime Rice 2013 (Secondary) - LR100124		C		C			C		C
Orange Chicken (Lings) & Brown Rice, Secondary (2015) - LR100239		C		C			C		C
Orange Chicken (Minh's) & Brown Rice (Elem) 2014 - LR100238		C		C			C		C
Orange Chicken (Minh's), Brown Rice & Corn (Elem) - LR100270		C		C			C		C
Orange Chicken, Yang's, WG - LR100596		C		C			C		C

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Entree									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Panini, Chocolate Banana - LR100492				C			C		C
Smucker's PBJ Sandwich - LR-1769				C		C			C
PBJ Uncrustables & Yogurt & Brownie (HMSA & PV South) - LR100167		C		C	C	C	C		C
PBJ Uncrustables & Yogurt (Elementary/Pre) 2014 - LR-1614				C	C	C			C
PBJ Uncrustables, Assorted - LR100177				C		C			C
Whole Wheat PBJ Strawberry Sandwich - LR-2003				C		C			C
PBJ, Uncrustable, Grape, Whole Wheat (HMSA only) - LR100474				C		C			C
Strawberry PBJ Whole Wheat Uncrustables - LR100111				C		C	C		C
Peach Yogurt Parfait & Granola, 2016 (HMSA ONLY) - LR100650				C	C		C	MC	C
Peach Yogurt Parfait, Granola & String Cheese, 2016 (MS) - LR100128				C	C		C	MC	C
Peach Yogurt Parfait, Granola & String Cheese, 2016 (Preschool) - LR100631				C	C		C	C	C
Peach Yogurt Parfait, Granola, String Cheese & WG Crackers, 2016 - LR100624				C	C		C	C	C
Penne Pasta & Marinara Sauce & Meatballs - LR-1686				C	C		C		C
Philly Cheesesteak 2014 - LR-1675				C	C		C		C
Philly Cheesesteak, 2015 - LR100202				C	C		C		C
Pizza Stick & Cookie (Elem) 2014 - LR-1527		C		C	C				C
Pizza Stick (1 each), 2015 - LR100364				C	C				C
Pizza Stick, Bosco, 2016 - LR-1804				C	C				C
Pizza Sticks (2 each), 2015 - LR-1612				C	C				C
Pizza, 3.2 x 5 Cheese, Whole Grain, Ardella's - LR-1815				C	C		C		C
Whole Grain Pepperoni Pizza - LR-1816				C	C		C		C
Pizza, 4"x6" Cheese Whole Grain (Schwan's) - LR-1820					C		C		C
Pizza, 4"x6" Pepperoni Whole Grain (Schwan's) - LR-1821					C		C		C
Pizza, 5" Cheese, Whole Grain, IW (Ardella) - LR100181					C		C		C
Pizza, 5" Pepperoni, Whole Grain, IW (Ardella) - LR100180					C		C		C

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Entree									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Pizza, Bean & Cheese, Ardella's (Baja Roll) - LR-2043				C	C		C		C
Rolled Edge Cheese Pizza - LR-1822									
Big Daddy Pepperoni Pizza - LR-1823									
Pizza, Big Daddy, Primo, Cheese, Pre-Sliced, 2016 - LR100213				C	C		C		C
Pizza, Big Daddy, Primo, Turkey Pepperoni, Pre-Sliced, 2016 - LR100212				C	C		C		C
Pizza, Buffalo Chicken, Nardone, 2016 - LR100556				C	C		C		C
Pizza, Cheese, Ardella's, Wedge Cut, 2015 (Elementary) - LR100545				C	C		C		C
Pizza, Four Meat, Primo, 2016 - LR100663									
Pizza, Hand Tossed, Cheese, BIG DADDY - LR100014				C	C		C		C
Pizza, Hand Tossed, Pepperoni, BIG DADDY - LR-2039				C	C		C		C
Pizza, Hawaiian, Nardone's, 2016 - LR100634				C	C				C
Pizza, Pepperoni, Ardella's, Wedge Cut, 2015 (Elementary) - LR100549				C	C		C		C
Piazza Pepperoni Pizza - LR-1774									
Pizza, Sliders, Cheese (Ardella's) - LR100595				C	C		C		C
Pizza, Sliders, Pepperoni (Ardella's) - LR100227				C	C		C		C
Pizza, Stuffed Crust, Pepperoni (ConAgra) - LR100229				C	C		C		C
Pizza, Supreme, Nardone, 2016 - LR100557				C	C		C		C
Pizza, Waleeto's, Cheese - LR100150							C		C
Pizza, Waleeto's, Pepperoni - LR100151							C		C
Pollock Fish Sandwich on a Whole Wheat Bun 2013 - LR-1602			C	C	C		C		C
Popcorn Chicken (Smackers) & Baked Fries, 2016 - LR100686				C	C		C		C
Popcorn Chicken Smackers & Mashed Potatoes (PRE), 2016 - LR100662				C	C		C		C
Pork Carnitas Bow & Refried Beans & Tomatillo Sauce (PV South) - LR100023					C		C		
Pork Carnitas Mexican Bowl & Tortilla Chips, 2016 - LR-1708							C		
Pork Carnitas Mexican Bowl 2013 - LR100020					C		C		

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Entree									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Pork Chorizo & Bean Burrito (MS) 2014 - LR-1618				C			C		C
Preschool Mixed Berry Yogurt Parfait (6oz yogurt) & Granola - LR100220				C	C		C	C	C
Pretzel, Soft, Whole Grain, 2oz, 2016 (MS/HS) - LR100612				C					C
Pupusa, Bean & Cheese, 2016 - LR100429					C				
Roasted Chicken & Beans & Spanish Rice & Cookie (HMSA) 2013 - LR100104		C		C	C				C
Roasted Chicken & Pinto Beans & Spanish Rice (Middle) 2013 - LR-1523									
Roasted Chicken & Spanish Rice (Elem) 2013 - LR-1580									
Roasted Turkey & Potato & Gravy & Cookie (PV South) 2013 - LR100194		C		C	C				C
Roasted Turkey Corn Potato Bowl & Cookie 2013 - LR100171		C		C	C				C
Shredded BBQ Pork Carnitas on a Slider Roll (HMSA) 2013 - LR-1640				C					C
Shredded BBQ Pork Carnitas Slider 2014 - LR-1582				C					C
Shredded Beef & Cheese Soft Taco (ELem) 2013 - LR-1693				C	C		MC		C
Shredded Beef & Cheese Soft Taco (Preschool) 2013 - LR100060				C	C		MC		C
Shredded Beef & Cheese Soft Taco (Secondary) 2013 - LR100195				C	C		MC		C
Shredded Beef Mexican Bowl & Tortilla Chips, 2016 - LR100126							C		
Shredded Chicken Mexican Bowl & Tortilla Chips, 2016 - LR100332							C		
Shredded Turkey Potato Bowl & Biscuit (Middle) - LR-1624				C	C		C		C
Simple Chicken Salad, Croutons & Chips, 2016 - LR100603		C		C	C		C		C
Roasted Turkey & Gravy & Hawaiian Roll (Elem) 2013 - LR-1634									C
Sodas, Assorted (Teachers) - LR100477									
Soft Pretzel & Cheese Dipping Sauce, 2016 (Elementary) - LR100615				C	C				C
Soft Pretzel & Cheese Dipping Sauce, 2016 (Secondary) - LR100637				C	C				C
Soft Pretzel, Cheese Sauce & String Cheese, 2016 (HMSA ONLY) - LR100651				C	C				C

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Entree									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Southwest Chili Bean & Cheese WG Flautas & Corn & Avocado Salsa 2013 - LR100153				C	C		C		C
Southwestern Spicy Chicken Wrap & BBQ Popcorner (Middle) 2013 - LR100016		C		C	C		C		C
Spicy Baked "Fried" Chicken & Mashed Potato & Cookie (Secondary) 2014 - LR100164		C		C	C		C		C
Spicy Chicken Potato Bowl & Biscuit (MIddle) - LR-1557				C	C		C		C
Spicy Chicken Salad & Chips, 2016 - LR100296		C		C	C		C		C
Spicy Chicken Sandwich - LR100484				C			C		C
Spicy Chicken Sandwich & Fries (Middle), 2015 - LR-1542				C			C		C
Spicy Chicken Sandwich & Sun Chips (PV South) 2013 - LR100157				C	C		C		C
Spicy Chicken Sandwich (2014 Summer) - LR100223				C			C		C
Spicy Turkey Wrap & BBQ Popcorner 2013 - LR100071				C	C		C		C
Sriracha Orange Chicken & Brown Rice, 2016 - LR100456		C		C			C		C
Strawberry Yogurt Parfait & Granola & Cereal Bar (HMSA) 2013 - LR-1635				C	C		C	MC	C
Strawberry Yogurt Parfait & Granola 2013 - LR-1552				C	C		C	MC	C
Strawberry Yogurt Parfait & Granola, 2016 (HMSA ONLY) - LR100648				C	C		C	MC	C
Strawberry Yogurt Parfait, Granola & String Cheese, 2016 (MS) - LR100314				C	C		C	MC	C
Strawberry/Banana Smoothie & Assorted Protein/Grains, 2016 - LR100601				C	C	MC	C	C	C
Sunrise Bites - LR-2006									
Sweet Thai Chili Chicken & Cilantro Lime Rice 2013 - LR-1647				C			C		C
Taco Chicken Salad & Chipotle Dressing & Tortilla Chip 2013 - LR-1658		C			C				
Taco Chicken Salad & Chipotle Dressing & Tortilla Chip HMSA 2013 - LR-1719		C		C	C				C
Tamale, Cheese & Green Chile, 2016 (MS) - LR100638					C				
Tamale, Chicken in Green Sauce (Secondary) - LR100593							C		
Tamale, Chicken in red sauce, 2016 (Elementary) - LR100230									
Chicken Taquitos - LR100004									

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Entree									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Teriyaki Beef Dunkers & Vegetable Brown Fried Rice (Elem) - LR-1544				C			C		C
Teriyaki Beef Dunkers & Brown Fried Rice (PV South) - LR100125				C			C		C
Teriyaki Beef Dunkers & Brown Rice (2014) - LR100236				C			C		C
Teriyaki Beef Dunkers & Brown Rice Secondary 2014 - LR100273				C			C		C
Teriyaki Beef Dunkers & Cilantro Lime Rice 2013 (Secondary) - LR100022				C			C		C
Teriyaki Beef Dunkers & Mashed Potatoes & Cookie (Elem) 2014 - LR-1701		C		C	C		C		C
Teriyaki Beef Dunkers & Rice Or Roll (Preschool) 2013 - LR100176				C			C		C
Teriyaki Chicken & Vegetable Brown Fried Rice (Elem) - LR100174				C			C		C
Peach Yogurt Parfait & Granola Bar (Elem) 2013 - LR-1654				C	C		C	MC	C
Thai Chicken Noodle Salad In Peanut Dressing & Fruit 2013 - LR-1702				C			C		C
Tomato Basil Provolone Panini - LR-1723				C	C				C
Tuna Salad on Romaine & Mix Ups - LR100158		C		C	C		C		C
Tuna Salad on Whole Wheat & Chips (Seamless Summer - LR-1674		C		C	C		C		C
Tuna, Chunk Light - LR100162									
Turkey & Cheese Sandwich on a Whole Wheat Bread - LR-1679				C	C		C		C
Turkey & Cheese Sub & L,T,P - LR-1643				C	C		C		C
Turkey Bacon & Mac n Cheese Panini, 2016 - LR100671		C		C	C				C
Turkey Bacon Cheeseburger (Teachers) - LR-1518				C	C		C		C
Turkey Bacon Cheeseburger, 2016 (BC Grill/HMS) - LR100553				C	C				C
Turkey Chili & 1/2 Garlic Bread 2016 - LR-1522				C	C		C		C
Turkey Chili & 1/2 Garlic Bread, 2016 (Preschool) - LR100632				C	C		C		C
Turkey Chili & 1/2 Garlic Cheese Bread & Crackers (Elem) 2015 - LR-1583				C	C		C		C
Turkey Chili & Garlic Cheese Bread (Secondary) 2014 - LR100276				C	C		C		C
Turkey Chili & Roll (Preschool) 2013 - LR100197									C

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Entree									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Turkey Chili & T-Biscuit (Preschool) 2013 - LR-1633									C
Turkey Chili Cheese Fries & WG Crackers (2015) - LR-1585					C		C		C
Turkey Chili Cheese Fries, Brownie & Crackers (Secondary), 2016 - LR-1576		C		C	C		C		C
Turkey Chili Cheese Fritos, 2016 (Elementary) - LR100617									
Turkey Ham & Cheese On A Whole Wheat Bread - LR-1689				C	C		C		C
Turkey Ham and Cheese on a Hoagie Roll with Lettuce and Tomato & Chips - LR100027				C	C		C		C
Turkey Sandwich - LR-1699				C					C
Turkey, Bacon, & Pepper Jack Cheese Panini, 2016 - LR-1721				C	C				C
Turkey Chili - LR-1862									
Turkey, Ham Sliced, Nitrate Free, (4 slices=2M) - LR-1808									
Turkey, VIP, Breast Roasted (2016) - LR100288									
WG Baked "Fried" Chicken & Mashed Potato & Cookie (Middle) 2013 - LR-1514		C		C	C				C
WG Chicken Nuggets & Cross Trax Fries (Elem) 2013 - LR-1564				C			C		C
WG Chicken Nuggets & Cross Trax Fries 2015 - LR-1578				C					C
WG Chicken Tenders & Cross Trax Fries 2014 - LR-1520				C			C		C
WG Chicken Tenders & Mashed Potatoes, 2016 (Preschool) - LR100424				C	C		C		C
WG Goldfish Crackers & String Cheese, 2016 (K-2) - LR100621				C	C				C
WG White meat Chicken nuggets w/Mashed Potato (Elem) (1-24 -14) - LR100209							C		C
Whole Grain Bagel & Cream Cheese 2014 - LR-1616				C	C				C
Whole Wheat Tuna Salad Sub & Chips & L,T,P - LR-1644		C		C	C		C		C
Whole Wheat Turkey & Cheese Sandwich - LR100500		C		C	C		C		C
Yogurt, Greek, Very Berry (Chobani) - LR100534									
Zac Attack, Assorted 2013 - LR-1709		C		C					C

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# Allergen Chart

<b>Fruit</b>									
<b>Menu Item</b>	<b>Crustacean Shellfish</b>	<b>Egg</b>	<b>Fish</b>	<b>Gluten</b>	<b>Milk</b>	<b>Peanuts</b>	<b>Soy</b>	<b>Tree nuts</b>	<b>Wheat</b>
Apple slices, IW, 200/2 oz - LR100249									
Apple slices, IW, 200/2 oz (1/2 cup) DOD - LR100404									
Apple, Sliced IW (200/2oz) - LR-1988									
Applesauce, Strawberry (unsweetened) - LR100147									
Banana Petite - LR-1948									
Berries - LR100043									
Blueberries (1/2 cup) - LR100076									
Breakfast Carrots (3 oz, IW- 1/2 cup) - LR100360									
Breakfast Fruit - LR-1587									
Breakfast Fruit (100% Capri Sun Juice & Carrots)- Wednesday 2014 - LR100326									
Breakfast Fruit (Preschool) Fall 2013 - LR-1655									
Breakfast Fruit (Seasonal Fruit & Carrots)- Friday 2014 - LR100325									
Breakfast Fruit (Sliced Apples & Carrots)- Thursday 2014 - LR100324									
Breakfast Fruit, Spring 2013 - LR-1567									
Breakfast, DOD fruits (grapes & apple slices- 1/2 cup) - LR100405									
Breakfast, Frozen Pineapple Stick (Fruti Fruit) - LR100491									
Breakfast, Strawberry Fruit Cup, Wawona - LR-1817									
Cantaloupe Pieces - LR100045									
Capri Sun - LR100138									
Craisins, Strawberry - LR100245									
Cutie, Mandarin Orange - LR100421									
Fresh Cut Pineapple - LR-1941									
Fruit Salad - LR100054									
Fruit Salad (Spring Version) - LR-1671									
Grapes - LR100037									

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# Allergen Chart

Fruit									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Grapes, Packaged, Breakfast (1/2 cup) - LR100428									
Grapes, Packaged, Breakfast, DOD (1/2 cup) - LR100403									
Grapes - LR100044									
Grapes, Red, Lunch Bunch - LR-1926									
Honeydew Melon - LR100040									
Honeydew Pieces - LR100046									
Izze 100% Sparkling Juice - LR100059									
Juice Bars - LR-1604									
Juice, 100% Frozen Rips, Cherry Limeade - LR100560									
Juice, 100% Frozen Rips, Kiwi Strawberry - LR100561									
Juice, 100% Frozen Rips, Sour Apple - LR100552									
Juice, 100% Frozen, Mango (Rosati) - LR100244									
Capri Sun Juice - LR-1900									
Capri Juice - LR-1918									
Juice, Fruitable Plus, Tropical Twist - LR-1874									
Kiwi - LR-1928									
Mango Pieces - LR100047									
Cantaloupe - LR-1930									
Watermelon - LR-1932									
Orange - LR-1935									
Orange, slices, IW (50/3oz)- 1/2 cup - LR100258									
Oranges, Sliced (2015) - LR100542									
Sliced Peaches - LR-1916									
Persimmon - DOD - LR100402									
Pineapple Pieces - LR100048									

# Allergen Chart

Fruit									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Pineapple, Tidbit, 100% Pineapple Juice (Indopine) - LR100395									
Finely Chopped Seasonal Fruit - LR-1562									
Raisels, no sugar added (Lemon & Orange) - LR100398									
Seasonal Breakfast Fruits, 2016 - LR-1619									
Strawberries - LR-1943									
Tangerine, Satsuma 125-140/CS - LR-1968									
Watermelon - LR100038									

# Allergen Chart

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Fruits/Vegetable									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Apple Slices, IW, 100/3oz - (3/4 cup) snack menu - LR100253									



# Allergen Chart

Milk									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Milk, 1% White - LR-1910									
1% White Milk - LR-1871					C				
Milk, Chocolate, Fat Free, Shelf Stable (A&R) - LR-1859									
Non Fat Chocolate Milk - LR-1914									
Non Fat Chocolate Milk - LR-1913									
Fat Free Lactaid - LR100115					C				
Soy Milk - LR-1878									
Milk, White, Fat Free, Shelf Stable (A&R) - LR-1858									
Milk, White/Nonfat/Carton - LR-1915									

# Allergen Chart

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Produce Bar									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Baby Carrots with Ranch - LR100066		C			C		C		
Black Bean & Corn Salad, 2015 - LR100011									
Broccoli Florets - LR-1971									
Carrots, baby, raw, (100/3 oz), IW - LR100248									
Baby Carrots - LR-1976									
Chipotle Corn Salad 2013 - LR100041							C		
Cilantro - LR100042									
Corn, White, Fresh, Cob - LR100234									
Croutons, Whole Grain Garlic Butter, IW - LR100191				C	C		C		C
Cucumber Rounds - LR-1727									
Cucumber Salad - LR-1593									
Cucumber Salad - LR100065									
Cucumber w/ Lemon Juice & LS Tajin (2015) - LR100271									
Edamame with Lemon Juice & LS Tajin - LR100446									
Frijoles de la Olla, 2016 - LR100298									
Garbanzo Bean Salad - LR100012									
Green Beans - LR-1944									
Jalapeno, Sliced, Canned - LR-1905									
Jicama with Lemon (1/4 cup, Preschool) - LR100064									
Jicama with Lemon Juice & LS Tajin, 2016 - LR-1536									
Kiwi, 2016 - LR100541									
Lettuce, Romaine - LR-1956									
Mini Bell Peppers, 2014 - LR100328									
Mixed Fruit Salad - 2015 - LR100450									
Onion, Red - LR100146									

C: Contains | P: Processed in a facility that also processes | MC: May contain

# Allergen Chart

Produce Bar									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Onion - LR-1958									
Orange, Mandarin, Light Syrup (Canned) - LR100359									
Sugar Snap Peas - LR-1961									
Green Peppers - LR-1947									
Jalapeno Chili - LR-1953									
Red Bell Peppers - LR-1945									
Pico De Gallo, 2015 - LR-1560									
Rosita's Cabbage Salad, 2016 - LR-1566									
Salsa, Fresca (La Patrona) - LR100445									
Pico de Gallo Salsa - LR-1596									
Small Salad - LR-1705									
Spinach - LR-1985									
Super Kale Salad Mix, 2016 - LR100623									
Tomatillo Salsa, 2015 - LR100013									
Tomatoes, Fresh - LR-1964									
Tomatoes, Grape (12 Basket/cs) - LR-1965									
Vegetarian Ceviche, 2015 - LR-1637									

# Allergen Chart

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Side 1									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Apples, Fuji - LR-1922									
Granny Smith Apples - LR-1921									
Red Delicious Apples - LR-1920									
Assorted Chips, 1G, 2016 (Salads) - LR100646				C	C		C		C
Avocado Corn Salsa, 2017 - LR100056									
Chocolate Belly Bears Graham - LR-1917				C					C
Breakfast Juice - LR-1603									
Brownie, Whole Grain, IW (20th century) - LR-1802		C		C	C		C		C
Cereal Bar, Cinnamon Toast Crunch, 2016 - LR100112				C					C
Cereal Bar, Rice Krispies, Apple Cinnamon 2013 - LR100143							C		
Cereal Bar, Trix, 2016 - LR100262				C			C		C
Cereal Bars, Assorted, 2016 - LR100313				C			C		C
Cereal Bowl, Golden Grahams, 2016 - LR100190									C
Cheese, American, Slices, 2016 (Bongards) - LR100644					C				
Cheese, Pepper Jack, Slices, 2016 (Bongards) - LR100645					C				
Chips, Assorted - LR100110					C				
Chips, Assorted, 1 oz (Sun Chips) - LR-1613					C				C
Chips, Popconers, BBQ - LR100187									
Chips, Sun Chip, French Onion - LR100261					C				C
Chips, Sun Chips, Garden Salsa - LR100186					C				C
Churros, Assorted - LR-1636		C		C	C		C		C
Cookie, Lemon, IW (Fat Cat) - LR100008		C		C	C				C
Cookie, Party Confetti Bar, IW (FIELD TRIP) - LR-1909		C			C		C		C
Cookie, WG double fudge (cookietree) - LR100389		C		C	C		C	C	C
Corn Nuggets, Tajin Habanero - LR100366									

C: Contains | P: Processed in a facility that also processes | MC: May contain

# Allergen Chart

Side 1									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Cream Cheese, Light, Individual - LR100400					C				
Cucumber Rounds, 2014 - LR100378									
Goldfish, Pretzel (SNACK) - LR100144									
Green Grapes - LR-1924									
Grapes - LR-1925									
Juice, 100% frozen rips, assorted flavors (cool tropics) - LR100281									
Juice, 100% Frozen Rips, Lemonade - LR100233									
Juice, 100% Frozen, Blue Raspberry/Lemonade, Rosati - LR100145									
Apple Juice - LR-1872									
Apple Juice - LR-1880									
Orange Juice - LR-1873									
Orange Juice - LR-1879									
Mashed Potatoes (Pearls) - LR-1510									
Honey Dew - LR-1931									
Milk, Soy (Pacific) Shelf-stable - LR100211							C		
Nectarines, Fresh - LR-1933									
Peaches - LR-1936									
Pears - LR-1937									
Pears - LR-1938									
Pears - LR-1940									
Plums - LR-1942									
Potatoes, Mashed, Idahoan (2014) - LR100311					C		C		
Pretzels, Heartzel, Rold Gold, 104/cs (Salads) - LR-1869				C					C
String Cheese, Assorted 2013 - LR-1574					C				
String Cheese, Assorted, 2016 (Bongard) - LR100619					C				

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# Allergen Chart

Side 1									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Tangerine - LR-1966									
Tangerines - LR-1969									
Tortilla Chips, Corn, Triangular, IW (Romero's) - 2G - LR100237									
Turkey, Bacon - LR100118									
Water, Bottle (reg) - LR100478									
Yogurt, Greek, Vanilla (Bulk) Chobani - LR-1884					C				
Yogurt, Strawberry Banana - LR-1881									
Strawberry Banana Yogurt Danimal Crush Cup - LR-2028					C				

# Allergen Chart

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Side 2									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Assorted Chips (Teachers), 2016 - LR100479					C				C
Assorted Cookies ( Fat Cat) 2013 - LR-1706		C		C	C				C
Assorted WG Chips 2014 - LR100356				C	C		C		C
Cabbage, Green Shredded 1/8" - LR-1973									
Cabbage - LR-1972									
Cauliflower - LR-1979									
Celery Stick - LR-1978									
Cereal Bar, Golden Grahams 2013 - LR-1904									C
Light Mozzarella String Cheese - LR-1949					C				
Cheddar Chex Mix - LR-2030					C		C		C
Chocolate Carmel Chex Mix - LR-2032					C	C	C		C
Chex Mix - LR-1894							C		C
Chips, Doritos, Cool Ranch, WG/RF (Deli/Panini) - LR-1898					C				
Chips, Doritos, Nacho, WG/RF (Deli/Panini) - LR-1846					C				
Chips, Sun Chip, Harvest Cheddar - LR-2024					C				C
Chips, Sun Chip, Original - LR-1849									C
Coco Puffs Cereal Bar - LR-2000							C		C
Cookie, Chocolate Chip, IW (Fat Cat) - LR-1826		C		C	C				C
Cookie, States and Capitals, Dick & Jane - LR-1860				C	C		C		C
French Fries, Crosstrax, 2015 - LR-1829				C					C
Giant Chocolate Goldfish Graham Cracker - LR-1899				C					C
Granola Bar, Oat & Honey, Nature Valley (1.5oz) - LR-1851						MC	C	MC	
Granola, Fieldstone, 1 oz, Elementary 2016 - LR100394				C			C	C	C
Juice Cup, Shamrock, Frozen, 100% Juice - LR-2012									
Orange Juice - LR-1876									

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# Allergen Chart

Side 2									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Wildberry Juice - LR-1875									
Green Leaf Lettuce - LR-1954									
Pickles - LR-2010									
Cinnamon Sugar Pita Chips - LR-2004									C
Brown Sugar Cinnamon Poptart - LR-1896							C		C
Raisins (LAUP ONLY) - LR-1844									
Refried Beans, Dehydrated - LR-1511							C		
Refried Beans, Cookquik - LR-1865							C		
Snack Mix, Quaker, 2016 - LR-1897				C	C				C
Soup - LR-1715									
Sunflower Seeds, Honey Roasted (1oz) - LR100586									
Tomato - LR-1963									
Yogurt, Greek, Strawberry, Upstate (4 oz) - LR-1814					C				
Zucchini Sticks - LR-1984									



# Allergen Chart

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Snack									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Assorted Doritos Chips, 2016 - LR100641				C	C		C		C
Cereal Bowl, Cinnamon Toast Crunch, Reduced Sugar 2013 - LR100189							C		C
Cheddar Chex Mix & 1% or Nonfat Milk - LR100100					C		C		C
Chex Mix, Hot n Spicy - LR100263				C	C		C		C
Chex Mix, Simply Cheddar - LR100265				C	C				C
Chocolate Chip Chortles & 1% White Milk - LR100095									
Chocolate Chip Chortles & 1% White Milk - LR100094				C	C		C		C
Chortles Mini Mini Chocolate Graham Crakers - LR100002				C			C		C
Chortles, Chocolate Chip, Whole Grain - LR100259				C			C		C
Cookie, Sports Bites, Chocolate (Snack) - 150/case - LR100438				C					C
Cookie, WG Confetti, Fat Cat - LR100466		C		C	C				C
Corn Nuggets, Ranch, 2016 (snack) - LR100642									
Crackers, WG, B2B, 2016 - LR100260							C		C
Goldfish Crackers, 2016 (Snack) - LR-2001				C	C				C
Goldfish Puffs (Snack) - 120/case - LR100437							C		
Granola, 2 oz, Secondary, 2016 - LR100269				C			C	MC	C
MJM Chocolate Bear Grahams & 1% White Milk - LR100089				C					C
MJM Chocolate Bear Grahams & 1% White Milk - LR100088				C	C				C
Peanut Butter Cup, 2016 - LR100575						C	C		
Quaker Munchie Kids & 1% White Milk - LR100087				C	C				C
Quaker Munchie Kids & 1% White Milk - LR100086				C	C				C
Rice Crispy Treat, WG, Snack - LR100432							C		
Snack, Bunny Grahams, Annie's, 2016 - LR100562				C			C		C
Snack, Chocolate Soy Nut Butter Cups (B2B) - LR100465							C		
Snack, Mini Chocolate Chip Cookies, Skeeter, 2016 - LR100678				C			C		C

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# Allergen Chart

Snack									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Snack, Mini Shortbread Cookies, Skeeter, 2016 - LR100679									
Stacy's Pita Cinnamon Sugar Chips & 1% White Milk - LR100084					C				C
Yogurt and Nature Valley Oats and Honey Granola Bar - LR100098						MC	C	MC	

# Allergen Chart

Vegetable									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Baby Carrots (3 oz, IW- 1/2 cup) - LR100444									
Broccoli Florets with Ranch - LR100061		C			C		C		
Celery Sticks with Ranch - LR100105		C			C		C		
Corn (Canned) - LR100387									
Corn, frozen (1/2 cup) - LR-2005									
Cucumber w/ Lemon Juice (Preschool - 1/4 c) - LR100629									
Jicama with Lemon Juice (3/4 c) - LR100203									
Mashed Potato - LR-1852									
Small Salad w/Lite Ranch (Panini & PV South) - LR100207		C			C		C		
Squash, summer, crookneck and straightneck, Cooked, boiled, drained, without salt - LR100193									

**Report Selections:**

Report Option: Menu Items on Active Menus